

Clubhouse COVID-19 Update

With the declaration of a state-wide shelter in place in California by Governor Newsome, Both MHS Clubhouses are complying with all established state and county-wide guidance from the CDC, and San Diego County to slow the rate of transmission of the Corona Virus also known as COVID-19. To protect the health of our employees, members. Mariposa is suspending support groups and classes, outside presentations, and outings events until further notice. The clubhouse will be reaching out to members individually by phone, mail, email to assess individual needs. COVID-19 will not stop recovery. We encourage you to reach out to your medical/ mental health providers for assistance and engage with their services in addition to the clubhouse.



Both clubhouses will continue to be available by phone Monday through Friday 8 am—4 pm.

**Mariposa Clubhouse (760) 439-2785
Escondido Clubhouse (760) 737-7125**

If you need immediate assistance, have an emergency, or need to access housing resources please call 911 or the San Diego Access & Crisis Line at 1-888-724-7240

We will be holding daily community meetings Monday-Friday

**10 am Community Meeting hosted by Escondido Clubhouse:
Call (425) 436-6367
Enter access code 364657
To mute yourself, press *6
To unmute yourself, press *6 again**

**1 pm Community Meeting hosted by Mariposa Clubhouse:
Call (425) 436-6307
Enter access code 836370
To mute yourself, press *6
To unmute yourself, press *6 again**



Here are some guidelines for our meetings.

The following group rules facilitate the development of trust in the group and enable use to share our thoughts and feelings with each other.

- Confidentiality is essential, we expect that each person will respect and maintain the confidentiality of the community meeting.
- Staff are mandated reporters
- What is said in the meetings is not to be repeated or discussed at any other time or place. We will not discuss any information about any members not present in the meeting.
- We each share the responsibility for making this meeting work. We try to give everyone an opportunity to share.
- We try to accept people, just as they are, and we avoid making judgments.

In accordance with the Governors request to shelter in place. We ask that members do not congregate at the clubhouse locations.

Our goal is to keep our community safe in order to resume normal services in the future. We understand the frustration navigating through COVID-19 but we are trying to elevate the needs as we identify them.

*Mental Health Systems
is a non-profit agency
founded in 1978
to improve the lives of
individuals, families and
communities facing
substance abuse and
behavioral health challenges.*

mhsinc.org