What is MHS Strengths-Based Case Management North?

Our Strengths-Based Case Management North program provides a wide range of services to assist individuals who suffer from a major mental illness or co-occurring disorders. We provide assistance in care coordination, housing, medication monitoring, psycho-educational counseling, family support, social skills, resource referrals, advocacy and discharge planning.

Our recovery centered services provide ongoing interventions, which focus on resolving problems through psychosocial rehabilitation and resource management. This combination allows individuals to function in the community in the least restrictive environment. Offering this wealth of available resources and tools allows those we serve to receive the support needed to achieve a productive life.

Mental Health Systems is a non-profit agency founded in 1978 to improve the lives of individuals, families and communities facing substance abuse and behavioral health challenges.

Mental Health Systems

mhsinc.org

Strengths-Based Case Management North
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**How Can We Help?**

Our program provides a wide range of services to assist with rehabilitation. We know people with mental illness can recover and we strive to instill hope and empower those we serve to succeed. Our services are focused on each client’s strengths, which we help them build on to achieve their goals.

**What Are Our Services?**

We offer the following outpatient services:

- Evaluation
- Placement assistance
- Psycho-educational counseling
- Treatment planning
- Housing assistance
- Medication monitoring
- Care coordination
- Family support
- Medical linkage and referrals
- Resource referrals and linkage
- Advocacy
- Assistance with daily living skills and money management

**Who Do We Serve?**

Our program serves individuals between the ages of 18-59, who have a chronic major mental illness and/or co-occurring disorders that significantly interfere with their lives.

**Referrals**

We receive referrals from mental health professionals, family members, community members or other health providers, who submit a completed referral form to our office. (Referral forms can be obtained by calling the program.)

An initial contact is made within 72 working hours. Any one, including self-referrals, can call and ask to speak with our on-call case managers, who will complete the referral form with the caller. If the referral source is a community agency, a completed referral form can be faxed to our office.